Feidhmeannacht na Seirbhíse Slainte Health Service Executive

National, Regional and Community Services for Carers in the Lifford and Castlefinn areas



Providing support for those who care for a relative, friend or neighbour

DIANE DONNELLY: Carers Development Officer, Donegal 0872770103 Email:diane.donnelly@hse.ie

This booklet is an initiative by the Lifford/Castlefinn Primary Care Team and Lifford/Castlefinn Community Health Forum

Diane Donnelly is the Carers Development Officer for HSE West Services for Older People. She covers Co. Donegal and the Islands.

As Carers Development Officer, Diane develops and co-ordinates services for family carers.

Her role includes:

- To provide information for Carers, such as Carers Allowance, Carers Benefit, Respite Care Grant.
- To direct carers to the relevant support and services.
- To support existing Carers Support Groups.
- To develop relevant training for carers.
- To establish and maintain a database of carers in Donegal.
- To organise respite and networking activities for carers.
- To apply for funding to enable support groups to develop.
- To provide an accessible, confidential service through the establishment of information clinics in each of the community hospitals.
- To provide carers with a voice through the Carers Forum.
- To assist in the development and implementation of the National Strategy for Carers.

The Carers Development Officer regularly liaises with national Carer organisations to ensure that all information is kept up-to-date.

Contact Details: Dianne Donnelly, Carers Development Officer. HSE Services for Older People. Ph: 0872770103

Services for older people aim to recognise and value the role of carers. The Carers Development Officer provides information and support in the form of:

- Information
- Training
- Carers Support Groups
- Referral to other HSE services or to relevant
- Voluntary organisations.
- The Carers Development Officer Service
- Provides a valuable link for carers

Lifford/Castlefinn Primary Care Team:

The Lifford and Castlefinn Primary Care team is one of 10 implementation teams set up as a result of the National Primary Care Strategy and comprises health and social professionals and community representatives delivering services to the patient population of the Lifford GP Practice.

Lifford/Castlefinn Community Health Forum:

The Lifford/Castlefinn Community Health Forum acts as a strong voice to address issues influencing health and well-being across the lifecourse from prenatal to older people.

Public Health Nurse: The PHN service is a community based service aimed at promoting and protecting the health of the population. The PHN works within a defines area and is referred to the client by hospital staff, GP, family members or self referral. The PHN has involvement in the care of clients throughout their lifespan by dealing with the following: Child Health and Family Suppoer Services, Physical and sensory Disability Service, Primary Care and Illness Prevention and The Older Person.

Lifford/Castlefinn Primary Care Team Social Worker:

The main role of the Social Worker is to ensure that the people within Lifford and Castlefin have someone that they can contact should they require advice, support, guidance or someone to act on their behalf. Some issues often begin very small however, by not seeking help they can grow to a stage whereby it is very difficult to cope. The Social Worker is there to help prevent this happening and offer preventative support.

Name of Organisation/Serviced	Contact Number
Carers Development Officer (Diane Donnelly)	087 2770103
Hospitals	
Letterkenny General Hospital	074 91 25888
Lifford Community Hospital	074 91 41033
St. Joseph's Community Hospital	074 91 31038
Health Centres:	
Lifford Health Centre	074 91 41024
Castlefinn Health Centre	074 91 46694
Public Health Nurse (Lifford)	074 91 72860 /91 41244
Public Health Nurse (Castlefinn)	074 91 46163
Now Doc	1850 400911
HSE Information Line	1850 636313
Occupational Therapist (Lifford)	074 91 72885
Social Worker (Lifford and Castlefinn)	074 91 46710
Community Welfare Officers	
Community Welfare Officer Castlefinn	074 91 46888
Community Welfare Officer Lifford	074 91 41691
Community Welfare Officer Ballybofey	074 91 30018
MABS (Money Advice and Budgeting Service)	074 91 29909
Home Support Coordinator (Lifford)	074 91 41850

Name of Organisation/Serviced	Contact Number
Support Services and Citizens Information	
Good Morning East Donegal (Friendly Phone call Network for	074 93 21598
the elderly)	
Voice for Older People (Advocacy and support groups for the	074 91 73818
elderly)	
Irish Wheelchair Association (advocacy and information	074 91 57393
services)	
Citizens Information Service	1890 777 121
Ballybofey CIS (Fri. 10.00 – 3.00 pm)	074 91 31702
Donegal Town CIS	074 97 24460
Letterkenny CIS	074 91 94281
MS Society (Support Services)	074 91 25017
Alzheimer Society of Ireland (Support Service)	1800 341 341
AWARE (Mental Health Support)	1890 303 302
Cystic Fibrosis Association of Ireland (Information and	1890 311 211
Education)	
Department of Social Protection	1890 662 244
Down Syndrome Association (Support for families and	1890 374 374
education)	
GROW (Mental Health Support Services)	1890 474 474
Home Support Coordinator (Lifford)	074 91 41850
Donegal Hospice	074 91 25656

Name of Organisation/Serviced	Contact Number
Support Services Continued	
Irish Cancer Society	1800 200 700
Irish Deaf Society	01 860 1878
Irish Hospice Foundation	01 679 3188
MS Ireland	1850 233 233
Mental Health Ireland	01 284 1166
Irish Motor Neurone Disease Association	1800 403 403
National Council of the Blind of Ireland	1850 334 353
National Council on Ageing & Older People	01 676 6484
Parkinson's Association of Ireland	1800 359 359
Schizophrenia Ireland	01 860 1620
STEER (Training and Support Service for Adults with a mental	074 91 77311
illness)	
Mental Health Services for Older People	074 91 88401 /88295
Carers Associations	
Carers Association Centre (Provides information dedicated to	1800 240 724
the needs of carers)	
Donegal Carers Association	074 91 45336
Local Services and Supports	
Lifford Clonleigh Resource Centre	074 91 41773
CPI Centre Castlefinn	074 91 43976
St Vincent de Paul (Castlefinn)	074 91 46726
Castlefinn Social Services	074 91 46184

Notes



HSE Services for Carers DONEGAL

SERVICES FOR OLDER PEOPLE

Providing support for those who care for a relative, friend or neighbour.

If you require information, training or support in your caring role contact:

DIANE DONNELLY Carers Development Officer Donegal 087 277 0103